

February 2023

Uniter



UNITARIAN UNIVERSALIST CHURCH OF SILVER SPRING
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WORSHIP SERVICES



All Sunday services are offered in-person in our Sanctuary and broadcast live on Zoom. Please see the all-church email for the Zoom link. Masks are still required inside all buildings at UUCSS except for specific events as determined by the event organizers.

February 5: *Ever-Present Love, UU Candidate for Ministry, Kirk Freeman, guest preacher*

Unitarian Universalists proudly proclaim that we Side with Love. This Sunday in Worship, we will explore what it means to be open to a love that takes sides and leads the way to justice. What happens when we embrace—and are embraced by—this love?

Bio: Kirk Freeman is a seminarian and candidate for Ministerial Fellowship with the Unitarian Universalist Association. Kirk is currently serving as a chaplain intern at the Clinical Center of the National Institutes of Health, and he previously completed a ministerial internship at the Unitarian Universalist Congregation of Rockville, MD. He lives in Washington, DC, with his spouse, Betsy, who is passionate about her work as a postpartum doula and OWL-trained comprehensive sexuality educator. Together they are raising two elementary school-aged children.

February 12: *Love at the Center, Rev. Kristin Grassel Schmidt*

Join us for a service about putting love at the center of our lives and liberal faith, with inspiration by Adrienne Maree Brown, Otis Moss III, as well as Carl Sagan and his wife Ann Druyan.

February 19: *Love and Letting Go Rev. Caitlin Cotter Coillberg and Rev. Kristin Grassel Schmidt*

Do you wanna build a snowman? Er, I mean, reshape the UUA bylaws? Our Unitarian Universalist Association of Congregations is taking a hard look at the section of our bylaws that contains our Unitarian Universalist Principles and Sources, and we will be considering a proposal from the Article Two Commission that will completely re-write and reshape that piece of our shared covenant. What could it mean for us as Unitarian Universalists to let go of our Principles? What does centering Love teach us about letting go? And what does the kid's movie Frozen (and Frozen II) have to teach us as we consider all of this? Join Rev. Caitlin and Rev. Kristin for a service full of music and Big Questions.

February 26: Please check the February 23 all-church weekly email for details about this service.

INSPIRE

Minister's Column by Rev. Kristin Grassel Schmidt



Our worship theme for the month of February is (perhaps predictably) “love.” For generations many UU congregations have affirmed love as the “spirit of this church” each week by reciting the Blake covenant on Sunday mornings. We sing and pray and light our chalices for love all the time, and when we join with other UUs to work for justice, it’s often framed as siding with love.

A colleague of mine recently shared that he committed to himself not to use the word “love” in any of his sermons for a year. He did this not because he doesn’t think it’s important, but because it would challenge him to get really clear and specific about what he means each time he’d otherwise use the word “love.”

I don’t want to go too far down the road of semantics, but love can mean a lot of things! The Greeks identified four distinct kinds of love. *Philia* is love between friends, like the love that grew between Sam and Frodo on their journey to take the ring to Mordor. *Eros* is passionate or erotic love, a kind of love our culture seems especially obsessed with. *Storge* is love between family members, across generations. *Agape* is the unconditional love that remains through thick and thin, and the kind of love that helps people work for a better world. But then there are things like compassion, empathy, and sympathy, all of which we often associate with love.

When I officiate weddings, I almost always remind the couple and their gathered family and friends that love isn’t just an emotion but a spiritual practice. We don’t just feel love; we must choose to be loving, especially on the days when we are sad, disappointed, or angry with our partner. This doesn’t just apply to marriage, it’s true for any relationships held by a covenant, including our relationships in this congregation.

Our Sunday services this month will explore many kinds of love, but especially *agape*, or unconditional love for others. Early in the month we will consider how our concern for others calls us to side with love, and we will even learn what the Frozen movies have to teach about love. And you won’t want to miss our celebration of this community’s incredible generosity after the service on Sunday, February 12!

Message From Doneby Smith, Board President



As I write, we are in the final two weeks of the combined Capital Campaign/Annual Budget Drive (ABD). Regardless of the final numbers, what a success! A big thanks to all who have made their pledges. We quickly hit our first level goal of \$650,000, which will allow us to move forward with confidence on renovating the Community Building. Shortly thereafter, we achieved our second level goal of \$900,000, which will provide \$250,000 towards safety and mobility access improvements across our campus. Money above the \$900,000 will go to accelerating the pay-down of our new Community Building mortgage, which in turn will free up money for other needs and desires. The Annual Budget Drive pledges fund our week-to-week operating expenses—staff salaries, utilities, toilet paper—you get the idea: the essentials!

Of course, money is not the only measure of success. We have shown that we can pull together quickly to accomplish an important goal. Under the leadership of Maggie Hayes and Stephanie McConachie, our steering committee of Tamara Bowman, David Rodriguez, Pat Scheid, Beverly Schnetzler, Rev. Kristin Grassel Schmidt, Sharon Snyder, and Emily Tien (and yours truly) has piloted us diligently through this intensive process. These twenty folks (Tamara Bowman, Catherine Buckler, Maggie Hayes, Katie Kirk Haag, Jamie Jorgensen, Robin Moore Lasky, Erik Leaver, Mary Beth Lerner, Stephanie McConachie, Susannah Numa, Bobbi Pohl, David Rodriguez, Carolyn Savadkin, Pat Scheid, Rev. Kristin Grassel Schmidt, Beverly Schnetzler, Doneby Smith, Jean Snell, Sharon Snyder, and Deborah Thornton) have visited an astounding 150 households to discuss plans and ask for donations. So far, 101 of you have made pledges to the Capital Campaign and 96 to the ABD (as of January 15). The visits have been an opportunity to re-forge bonds, some of which had been stretched thin by the pandemic.

There is much to be done both to renovate the Community Building and to figure out what safety and accessibility improvements are feasible. However, now that the prospects for meeting our physical and financial needs are favorable, the Board can re-focus on how to embody our church's commitment to the 8th Principle and can move forward to partner with Rev. Kristin and the congregation to redefine our church's mission this spring.

But enough with serious talk! It's time to celebrate "Opening Our Doors and Our Hearts!" Join us on February 12 after church to thank all the Capital Campaign volunteers and celebrate a successful effort! Watch the all-church email for details. Let's spread a little pre-Valentine's Day love! Because what is our church besides a place to learn love, give love, and receive love!

LEARN

Contemplations from Rev. Caitlin Cotter Coillberg, Assistant Minister of Spiritual Growth



This Month in Religious Education at UUCSS

We're in the winter doldrums now, as we head into this February of 2023, with another COVID (and RSV, and Flu) surge and so much death and injury amongst us. How are we finding space in the midst of illness and winter gloom and grief to continue learning and growing and transforming as individuals and a community? I hope that the first answer that that for you is that you are being gentle with yourself and finding opportunities for rest- to nap or read a good book like Becky Chambers *A Psalm for the Wild Built*, or just watch some good television. Winter can also be a great time for contemplation and quiet reflection and deep thinking, and we hope that our Religious Education offerings can help all of us with that as we connect and explore together.

We're continuing with our regular rotation of Sundays this month in that 9:30 time slot:

First Sunday (Feb 5th) will be Multigenerational Choir, open to all ages.

Second Sunday (February 12th) will be Superhero Academy for Elementary School Kids, while Middle School Youth are invited to continue learning about World Religions, the High School Youth are offered Community Game Playing, and Adults have Unitarian Universalist History with Rev. Kristin. Note that on this day we hope our Superheroes will be doing an outdoor activity, and please dress them accordingly.

Third Sunday (February 19th) will be Children and Youth Arts, which this month will be an Art Activity! Adults are invited on this Sunday to reflect on Aging and being Elders (at 9:15 instead of 9:30!), or to take some extra time to connect and reflect together with Candy and Conversation.

Fourth Sunday will be Superhero Academy for Elementary School Kids, while Middle School Youth are invited to continue learning about World Religions, the High School Youth are offered Community Game Playing, and Adults are invited to Hope Punk Reading Group with Rev. Caitlin (read *A Psalm for the Wild Built* by Becky Chambers!)

Coming of Age will meet at 11:30 on February 5th and 19th.

We've also got a Wish List going for RE supplies we'd love to have donated or loaned instead of having to buy: https://docs.google.com/document/d/1YhImlv8lyrP5WYIR1reFSJp_SjQWNldhnLL4lCh9LIU/edit?usp=sharing

Remember, all parents need to sign up for Supervision During Services. Sign Up Here: <https://www.signupgenius.com/go/10c0e4aaca72dabf5c07-supervision#/>

So grateful to all who have filled out our Religious Education feedback survey! It's not too late, you can still fill it out here: <https://forms.gle/ai46tMvfGqkUKZjF6>

And remember, of course, that you can always reach out to me directly by texting me at my Google Voice Number 301-679-5832, emailing me at AMSG@uucss.org, or scheduling a zoom meetings with me via this link: www.calendly.com/revcaitlin.

CONNECT

Events

Recurring and committee events can also be found on the Church Calendar at <https://uucss.org/calendar/>

Men's Book Group

On February 19 at 7 pm, we will discuss *The Man from St. Petersburg* by Ken Follett. We will meet at the home of Bob McGaughy and on Zoom. If you are interested in joining the discussion, let Richard know (rlorr4@gmail.com), get the book, and join us.

Women's Book Group

We meet on the fourth Monday of each month in the UUCSS sanctuary foyer from 7:30 pm to 9:00 pm. All interested readers are welcome without a long-term obligation. At press time, a title for **February 27** has not yet been selected. Questions and suggestions are welcomed at dweiner04@gmail.com.

UUCSS 101 to be Held Sunday, February 12

For visitors and friends who would like to learn more about Unitarian Universalism and UUCSS in particular or about the process of becoming a member, please join folks from the Membership Committee for a UUCSS 101 on Sunday, February 12 following the service. The 101 is a brief, informal gathering where you can learn some basics about our congregation, ask questions and learn about resources. We will be meeting during the chili lunch being served in celebration of the close of the Capital Campaign, so grab some chili and head to the tables in the back of the Sanctuary to join us. If you have questions, please reach out to membership@uucss.org. We look forward to seeing you!

Please Bring Donations to UUCSS for Distribution to Food Banks

UUCSS will collect food donations on the first Sunday of every month. Please bring canned fruit in its own juice or water, canned vegetables with no added sodium, canned meats (chicken, salmon, tuna), low-sodium soups, meals in a can (such as chili, beef stew, spaghetti), whole wheat pasta, and pasta sauce, low-sugar cereal and oatmeal, dried beans or rice, nuts, oils, and vinegars to church on Sunday, March 5. If you will not be at church on March 5, you can leave your donation in the kitchen, labeled "Food Bank Donation." Because our prior recipient, So Others May Eat (SOME), can no longer accept donations on Sundays, we will be delivering food to the food bank at the Silver Spring Christian Reformed Church at [1501 Arcola Avenue, Silver Spring, MD 20902](https://www.silver-spring.org/). If you want to volunteer to deliver our donations, please contact Teresa Meeks (meeksteresa@yahoo.com) to join the 2023 delivery schedule.

Committee Updates

New Communications/Art Projects Need Volunteers!

As part of a long-term project to make it easier to get things done at UUCSS, a group of volunteers have spearheaded some important new projects. We need a few more people and you don't need experience!

- The Comm Team has taken over the project of creating a "wiki" to share information about church infrastructure, such as guidance on how to start or run programs and events. Members work from home and meet periodically to edit, brainstorm, and reformat documents.
- The Outreach Committee is working to supplement the work of the Membership Committee, by working on projects related to getting new visitors into church and helping them feel at ease. Projects include a new "plain language" website, changes to overall communications, new exterior and interior signage for buildings. We are in the planning stage and we welcome your ideas and energy.
- The Art Committee plans to update the church's graphic identity, create decorative features such as bulletin boards and banners for marches, and design an original mural for the Community Building entrance. This project is also in the planning stage but will accelerate rapidly this spring.

So far, these intergenerational, collaborative teams are tapping the energy of: Robin Moore Lasky, Patty Bryan Taff, Anna Bryan Taff, Sydney Sackett, Carol Hamilton, MaryBeth Lerner, Linda Barrett, Christine Barrera, Jamie Jorgensen, and others. (Each project is just 2-3 people, so there's room for you).

These projects all have some overlap, so they are all currently organized under the "Comm Team" subgroup on Groups.io.

If you'd like to get involved, or if you have related questions, please send an email to Robin Moore Lasky at robin.f.moore@gmail.com.

How UUCSS is Welcoming New Immigrants in our Community

By Pat Scheid and Maureen Malloy, Co-Chairs, Resettlement Task Force

The month of February marks one year since we first met and entered into a relationship with the Thina family. Over the course of the year, we have deepened our relationship with them, learned much more about the refugee resettlement system in the United States (and its limitations), shared in the family's accomplishments and challenges, and grappled with making choices about how to best direct our time and resources as volunteers.

In this article, we will share some highlights from the year and information about how the contributions from the congregation have been put to use to support the family in their resettlement, while also encouraging their independence. We will also share information about what's coming up in 2023.

Background

The Thina family was among the 76,000 plus Afghan refugees who were evacuated by the U.S. military from Kabul in fall 2021 after the Taliban retook power in Afghanistan. Sharif (dad) served for 10 years in the Khost Special Forces, allies of the U.S. military, which he joined at age 15. He and his wife of 10 years, Jamila, were expecting their fourth child when they arrived in the U.S. They spent a difficult 4 months in a residential hotel in Silver Spring awaiting housing and other promised benefits. In late 2021-22, we established the Resettlement Task Force and agreed to support the family for at least 6 months. UUCSS volunteers mobilized for months in gathering donations of furniture and household items, and in April 2021, moved the family into their new home at The Enclave apartment complex in Silver Spring. In addition, the congregation generously donated \$9,500, which has been put to good use for a range of expenses related to move-in and setting up

their apartment, family health and wellness, job search, schooling, and translation services (to aid in our communications with the family).

Updates



Baby Arsalan was born on May 31, 2022, and is a U.S. citizen. His siblings—Zameer (age 6), Sanea (age 5) and Hawa (age 2)—were so excited to welcome him into their home. Zameer and Sanea are now attending Burnt Mills Elementary School (K and pre-K) which they enjoy and are building their English language and math skills. Arsalan was born with a heart condition and underwent open heart surgery in September. This was a very difficult time for the family and they have expressed their deep gratitude for all of the UUCSS volunteers that helped them navigate the healthcare system, accompanied them to appointments, stood watch together with Jamila and the family during Arsalan’s hospitalization and recovery and helped with childcare.

The first time we met Sharif, he shared with us that one of his priorities was to seek treatment for an eye injury caused by a bomb blast that left him nearly blind in one eye. One of our volunteers, Dr. Jerry Herbers, found a practice willing to diagnose and treat his condition, and in November, Sharif underwent eye surgery. The surgery was successful, although he is still healing, and it will be a few months before his sight is fully restored. During the spring and summer of 2021, our volunteers also helped Sharif to learn more about finding a job and workplace norms in the U.S. Having spent his entire adult life as a soldier, this was not easy and Sharif went through a number of job transitions before finding the right place. He now works at ZiZa Kabob, an Afghan restaurant in Jessup—we’ve heard through the grapevine it is a very popular place, so if you get a chance, go have a meal there and support this local business owned by another Afghan immigrant.

Our volunteers have also provided friendship and support to Jamila. We’ve assisted her in navigating a wide range of family health needs, which has been critical to ensuring that they all receive the best quality care in a health system that is both very complex and very different from their experience of healthcare in Afghanistan. Jamila is an accomplished seamstress, and UUCSS volunteers donated a sewing machine and fabric that Jamila has put to good use creating original designs for herself, their children, and their home. UUCSS volunteers are also helping Jamila to learn English with ongoing 1:1 tutoring sessions that she enjoys. Importantly, Jamila has expressed her deep gratitude for the consistent friendship and moral support she has received from a number of UUCSS women, despite the language barriers. Jamila has also built a robust social network among other Afghan women living in The Enclave, and their apartment is often a bustling center for social connection over crafts, tea, and shared childcare.

At a UUCSS Thanksgiving special collection, the congregation donated \$843.84 which was used for winter clothing, shoes and other necessities. Although the family is enrolled in social benefit programs in Maryland (food assistance, temporary cash assistance for needy families, and Medicaid), we expect that the Thina family may need support to ensure housing security in 2023. Thus, we have set aside a portion of the remaining funds

(about \$3,500) for future housing or other emergency needs that could arise as they continue their resettlement journey.

While the main focus of the Task Force has been our support to the Thina family, we have also begun to look into other ways that UUCSS can contribute to welcoming new immigrants and refugees in our wider community. We are grateful for the nearly \$1,000 that was donated during our Christmas Eve special collection for a dynamic local nonprofit organization [Food Justice DMV](#). Food Justice DMV is a community-driven organization that mobilizes volunteers and donations for immigrant families in need throughout the region. Food Justice DMV has relationships with a number of UU congregations in the area, and a number of UUCSS members have also volunteered with them in the past.

Opportunities in 2023

We are committed to continuing our relationship with the Thina family in 2023, and expect that it will evolve as their resettlement journey enters a new phase and their needs and priorities change. The family continues to work with its case manager from Lutheran Social Services (LSS) on building their independence. LSS has also matched them with immigration lawyers who have filed the family's application for asylum (still pending).

We do not have a highly structured plan for 2023, but rather will be responsive to the family's priorities and needs. Here are some ways we anticipate UUCSS can continue to support the Thina family:

- **Transportation:** We and their LSS case manager are encouraging the family to use public or other transportation options whenever possible; we may occasionally request volunteer drivers to help with transportation on the Lotsa Helping Hands app when other options are not viable. For example, the family has expressed an interest in enrolling Zameer and Sanea in one or two summer camps, and we may need drivers for pick-up/drop-off.
- **Homework Support:** Zameer and Sanea enjoy working with volunteers on homework assignments. If you are interested, let us know and we can provide further guidance.
- **Conversational English:** Sharif and Jamila are both working on improving their English language skills. If you would like to be part of a small group of volunteers who meet up with them from time to time for conversation and friendship, let us know.
- **Diaper pick-up and drop-off:** With two kids in diapers, this is a major expense! The family wants to take advantage of some of the free diaper banks available locally. We need volunteers who can help with regular diaper pick-up and drop-off. This is an easy and quick way to help!

As noted above, in addition to our continuing relationship with the Thina family, the Resettlement Task Force plans will explore other opportunities for UUCSS to contribute to welcoming immigrants and refugees in our community. This could take a variety of forms, including direct volunteer action, advocacy for immigration reform, more welcoming public policies in Maryland or nationally, and special collections (like our Christmas Eve special collection for Food Justice DMV). We will send updates and calls for action as opportunities arise. Meanwhile, if you are interested in participating, let us know.

As volunteers, we have been challenged, learned a lot and found meaning and friendship as a result of our relationship with the Thina family. We are ever grateful to the UUCSS community for your generous contributions of time, talent, and treasure over the past year, and look forward to continuing this work in 2023!

The Auction is coming in March!!!!!!

By Linda Barrett, Emily Harris, & Emily Tien



Hold these dates

- Kick-off (online)—Saturday, March 11, 7:30pm
- Silent auction (online)—Saturday, March 11 to Sunday, March 19
- Oral auction (in-person!)—Sunday, March 19, after the church service

We're looking for people to join the auction team!

Could you help us with...

- Theme ideas
- Event planning
- Advertising
- Managing information in auction database
- Emcee/auctioneer for live auction



Please email auction@uucss.org if interested.

Update from the Finance Chair

By Tamara Bowman

Yes, dear friends we do have an endowment. While working on the capital campaign, it became apparent that there were questions about the UUCSS finances. As long as I've been a member, we've discussed finances twice yearly during the ABD and at the congregational meeting. Perhaps we need to discuss them a little more frequently. I will be reporting on our high-level income and expenses in each Uniter as well as how much we have in our Endowment.

Budget period from July 1, 2022 through January 15, 2023

Income		
	ABD Pledges	\$257,205.23
	Capital Campaign	\$185,822.32
	Rental Income	\$20,535.00
Expenses		\$339,783.89
Endowment		\$85,090.73

Other Finance Activity

We have begun to set up a Paypal account. As soon as we have it tested and have convinced Paypal that we are indeed a church and not a scam, we will make the account available. This will include having a QR code available for the collection plate, auction, or accepting any donations to UUCSS.

As you may be aware we had a pipe burst December 31, 2022, in the first floor of the sanctuary. There was considerable damage and the Silver Spring Nursery School is currently not able to use the space. They are using

the first floor of the Community building while repairs are completed. The good news is we have insurance, the incident is covered, and our deductible is \$1,000. We should be able to complete repairs relatively quickly.

If you have finance-related questions, please direct them to finance@uucss.org.

Green Team Monthly Garden Tips



It may be cold outside, but there are gardening activities you can do in February to be ready for spring gardening:

- Keep bird feeders clean and filled
- Do not fertilize indoor plants from Nov 15 to Mar 1 (they are dormant)
- Some vegetable seeds must be started inside in February—you can check the Univ. of Maryland vegetable planning calendar [here](#)
- Start lawn seeding
- Finish any pruning of trees or shrubs. Not sure when to prune? Click [here](#) for a tree pruning calendar
- Check indoors for termites & winter ants
- Look for hardy spring bulbs beginning to emerge (crocus, snowdrops, daffodils & tulips)



Member Spotlight: Pat Scheid



Pat Scheid grew up in a large Catholic family in rural Western Michigan. She spent lots of time in the library because of her love of reading. It became an escape where she could learn about other people and places outside of her little home town. Upon leaving home for college, she left Catholicism behind, but not her curiosity about the world. After college she joined the Peace Corps and was given a piece of advice from a Peace Corps alumna that has stuck with her: “If you hope to save anyone in Africa, don’t do it; but if your purpose is to learn about people and cultures (and yourself), then do it.” Her Peace Corps experience in Niger was both an adventure and a journey of self-discovery.

After the Peace Corps, Pat came to the DC area in the mid-80s as a young, single mom starting a federal job at USDA. A friend told her about Unitarian Universalism and she found that it aligned with her values and was a place where her son, Doula, could get a well-rounded (and non-dogmatic) religious education. She felt welcomed at UUCSS from the start and has been a member for over 35 years. She enjoyed new friends and events like Catocin. Pat has always loved the outdoors, walking, hiking, and cooking, all of which helped make Catocin a great experience. It was at Catocin that she first sang in a UU choir, and then later joined the regular Sunday choir. Pat has worn many hats at UUCSS—on the Sunday support team, organizing meals at Catocin, as a board member, and helping with the Annual Budget Drive and the Capital Campaign.

Pat spent the next 30+ years of her career working with international charitable and humanitarian organizations. The work was deeply meaningful—building relationships with people from around the world

and of different faiths. A work opportunity took her to the San Francisco Bay Area for 8 years, but she returned to Maryland in summer 2021.

Her involvement over the years with programs and people from Afghanistan and Pakistan compelled her to want to “do something positive” after the Taliban took control of Kabul. In September 2021, she volunteered with a refugee resettlement agency to welcome refugee families and help them upon their arrival in the U.S. Within UUCSS she worked with Rev. Kristin and others to create the Refugee Resettlement Task Force, which for the past year has supported the Thina family in Silver Spring.

Pat is currently going through a career transition. As much as she has loved international work, there was a downside—time away from family, friends and community. She has a few things to say about volunteering, “I’ve found it necessary to adjust my commitments over time depending on what else was going on in my life. It’s OK to pace yourself at UUCSS—do what feels right and brings meaning. We can all grant each other the grace of embracing whatever time and talent others can give, doing our best to seek balance at different stages of our lives.”

Staff Hours and Contact Information

Rev. Caitlin Cotter Coillberg, Assistant Minister of Spiritual Growth

Caitlin is most available on Tuesdays, Wednesdays, and Thursdays--Mondays and Fridays are her flex days (either used for writing and planning or as days off, according to the needs of the church and her family). You can email her at ams@uucss.org, text her at her Google Voice number (301-679-5832), or schedule a meeting with her via calendly: www.calendly.com/revcaitlin.

Michael Holmes, Music Director

Michael works Thursday evenings, Sunday mornings, and is available at other times by appointment. Michael can be reached at musicdirector@uucss.org.

Jeannette Jackson, Administrator

administrator@uucss.org

Rev. Kristin Grassel Schmidt, Minister

Rev. Kristin works Tuesday through Thursday from 10:00am to 4:00pm. Mondays is her writing days and Friday is her day off. She is available at minister@uucss.org and 202-780-7164. If you experience a pastoral care emergency outside normal office hours or over the weekend please text or call her. You can schedule an appointment with Rev. Kristin at www.calendly.com/rev-kristin-schmidt

Unitarian Universalist Church of Silver Spring

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FIRST CLASS

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Submissions are due by the 17th of the prior month.

Uniters are published monthly September-June by the Unitarian Universalist Church of Silver Spring.

Send information and visuals to uniter@uucss.org.

Format guidelines for submissions: Text must be in a form that it can be edited, either in a Google Doc (preferred), Word file, or in the body of an email that can be copied and pasted. Graphics must be in a format in which they can be repositioned and resized—jpeg is greatly preferred.

Co-editors are **Lynn Cave** and **Caroline Stauss**.

To receive a PDF email version of the newsletter, contact the church office at administrator@uucss.org.

To receive a mailed copy of the **Uniter** for the year, please send **\$24 to UUCSS, Attention: Collector**.